

# Child Care Health Consultation Lesson Plan

**Contractor Name: CCHC Standard Lesson Plan**

**Date Submitted: May 21, 2014**

☐ **Children's Health Promotion**

<b>Adult Training on Content Area V: Health and Safety</b>  <b>Select one standard and one level</b>	Health and Safety Standards	Training Levels
	<input checked="" type="checkbox"/> Promoting Risk Management Practices	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	<b>Source:</b> Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
<input type="checkbox"/> Promoting Healthy Eating		

**Title: Bloodborne Pathogens**

**Training Goal:** Participants will acquire information about how bloodborne pathogens are spread and how to protect themselves, Co-workers, and children in their care in their facilities and in public places.

**Learning Objective(s): Participants will:**


- Give examples of bloodborne pathogens
- Describe techniques to reduce risk of infection/acquiring bloodborne diseases
- Practice proper handwashing to prevent spread of communicable diseases
- Observe proper procedures for handling blood/body fluid spills

Topical Outline of Content	Training Method(s)	Time (in minutes)
Definitions and examples of BBP: HIV, Hepatitis A,B, & C	Lecture, discussion Handout/film (optional)	10 min
Fluids that are considered a risk for BBP: Blood, Semen, Spinal Fluids, Breast Milk, Saliva from dental Procedures, vaginal secretions, any body fluid with visible blood.	Group Discussion Handouts (optional)	20 min
Fluids NOT considered hazardous for BBP*: Urine, sweat, saliva, tears, vomit, nasal discharge *unless blood is present	Lecture Handouts (optional)	20 min
How BBPs spread: Sharps, skin punctures; contaminated fluids/open skin; splashes to mucous membranes (including eyes); sharing needles; sexual contact.	Lecture Handouts (optional)	15 min
Hepatitis A, B, & C: Cause, symptoms, treatment	Lecture/group discussion Handouts (optional) Discussion	15 min
Work place controls/OSHA; PPE (gloves, gowns, masks, goggles, face shields, aprons, lab coats); Safe clean up of spills; Exposure/post exposure follow up.	Lecture	20 min
Handwashing	Demo	10 min
Wrap up/Q & A		10 min

**Method(s) of Outcome Evaluation: Group discussion; Q & A**

**FOR MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES USE ONLY**

**APPROVED FOR TWO (2) CLOCK HOURS**

<b>Date Approved:</b> May 2014	<b>Authorized Approval Signature:</b> 	<b>Date Expires:</b> May 2017
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